# 52-year-old man with secondary diabetes mellitus

Celeste Thomas, MD February 2, 2012

#### Past Medical History

- Chronic pancreatitis s/p pancreatectomy
- Malabsorption/Malnutrition
- Endocarditis
- Gastroparesis
- Bilateral peripheral neuropathy
- Chronic abdominal pain
- Chronic narcotic use

## Diabetes Management

- Started on Animus pump in 2008 at UIC Referred to U of C Endocrine Clinic by gastroenterology in 2009
- Described weight loss (150 115 pounds since surgery), poor appetite and malabsorption since surgery Basal rate of 0.45 units Novolog/hour

- Multiple episodes of hypoglycemia when attempting to use insulin to carbohydrate ratio with meals

  Correcting elevated blood sugar two hours after meals with a correction ratio of 1 unit of Novolog for every 90 mg/dL of blood glucose —> results in hyperglycemia but fewer episodes of hypoglycemia

  Hemoglobin A1 of 8, 494.
- Hemoglobin A1c of 8.4%

#### History of Present Illness

- 52-year-old man
- History of alcohol abuse and chronic pancreatitis
- December 2007 underwent total pancreatectomy and islet cell transplantation at UIC for chronic pancreatitis, islet transplant failed
- Diabetes mellitus secondary to pancreatectomy

#### History

- Family History
- No family history of diabetes mellitus or pancreatitis
- Social History
- Previous alcohol abuse
- Tobacco: 1 ppd for the last 30 years
- Divorced with 4
- One of his children lives with him
- On disability

## Recent Hospitalizations

- December 2011 admitted for initiation of TPN (Weight - 110 pounds, Height 5'11")
- 10% of calories by mouth
- □ Tube feeds with Peptamen 1.5 at 75 mL/hr from 8pm - 8am (J-tube placed 1/2011)
- Basal rate of 0.55 units Novolog/hour when he is off tube feeds
- Basal rate of 0.70 units Novolog/hour when tube feeds are on

#### Hospital Course

- Per GI Note, over the past 3 weeks the patient reports
  - feeling weaker
  - o lower leg swelling
  - g feeling cold all the time
  - constant abdominal pain
- plan restart TPN

# Hospital Course

- Pt did not bring pump
- Started on Lantus as basal insulin and then NPH q8h for continuous tube feeds
- Initially blood sugars well-controlled
- Patient found to have E. faecalis bacteremia, mitral valve vegetations with severe regurgitation

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## Readmitted 12 days later

- Presented for follow-up cardiology appointment with son
- Patient noted to be disoriented
- Insulin pump and PICC line were no longer in place since the day prior to admission
  - Noted to be confused

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Human islet of Langerhans



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# Hospital Course

- Went to OR for Mitral Valve Replacement on HD # 16
- Appetite dramatically improved post-operatively
- Hyperglycemia with blood sugars elevated to the 380s mg/dL – associated with snacking
- Reinforced need for insulin with all snacks
- Discharged home with plan to resume pump with intravenous antibiotics and TPN

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40 28

Alcohol < 25 mg/dL

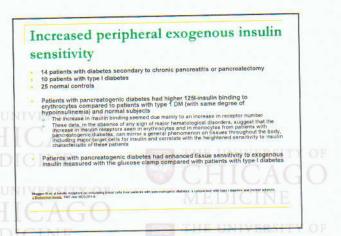
Laboratory Studies

6.1 18 1.5 8: 8.4 10.1 160

Beta-hydroxybutyrate = 8.57 mmol/L

Calculated Anion Gap: 24

Lactic acid = 1.1 mEq/L



# Decreased frequency of DKA

- Case Series Study of all patients who underwent total pancreatectomy at Mayo Clinic from 01/01/1985 - 12/31/2006
  - a 141 cases
  - In 2007, 59 patients were presumed alive, 47 responded to the survey
  - 79% (37/47) experienced episodic hypoglycemia
    41% (15/47) experienced severe hypoglycemia
    4% (2/47) developed DKA Mean insulin requirement was 0.5 units/kg/day

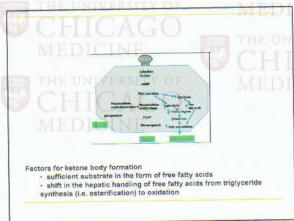
  - - 4% (2/47) developed DKA

Glucagon decreases activity of acetyl-coenzyme A carboxylase → sired reesterfication of free fatty acids → promoting ketone body formation

## Glucagon Deficiency

Decrease in glucagon when fasting promotes a hypoglycemic state with only a slight excess of exogenous insulin

Pastgred Med J 2004 80 253-251 doi:10.1176/parq.2002.004291



#### Return to Patient

- Discharged to Skilled Nursing Facility to complete intravenous antibiotics
- Continued on basal/bolus insulin regimen
- Follow-up appointment scheduled for this month





### References

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#### Take Home Points

- Diabetes Mellitus secondary to pancreatectomy
  - Insulin sensitive at the periphery
- Greater risk for hypoglycemia
- May be less likely to develop DKA but still at risk





# References

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